

# Problem Setting

Input file:            **standard input**  
Output file:           **standard output**  
Time limit:            1 second  
Memory limit:         1024 megabytes

Members of the SUA Programming Contest Problem Setter Team are preparing problems for the 2025 ICPC Wuhan Invitational Contest. The problem they're currently working on has  $n$  properties to indicate its various aspects, such as difficulty, length of code, etc. The value of its  $i$ -th property is  $a_i$ .

The members have also proposed  $q$  suggestions, where the  $i$ -th suggestion can be denoted as three integers  $p_i$ ,  $l_i$ , and  $r_i$ , which means the value of the  $p_i$ -th property should lie between  $l_i$  and  $r_i$  (both inclusive).

BaoBao is the author of the problem, and he is going to modify the problem according to these suggestions. He can spend one unit of time to increase or decrease the value of a property by 1. Calculate the smallest amount of time he needs so that all suggestions are satisfied, or report that it is impossible to do so.

## Input

There are multiple test cases. The first line of the input contains an integer  $T$  ( $1 \leq T \leq 100$ ) indicating the number of test cases. For each test case:

The first line contains two integers  $n$  and  $q$  ( $1 \leq n, q \leq 100$ ), indicating the number of properties and the number of suggestions.

The second line contains  $n$  integers  $a_1, a_2, \dots, a_n$  ( $1 \leq a_i \leq 10^9$ ), where  $a_i$  is the value of the  $i$ -th property.

For the following  $q$  lines, the  $i$ -th line contains three integers  $p_i, l_i$ , and  $r_i$  ( $1 \leq p_i \leq n, 1 \leq l_i \leq r_i \leq 10^9$ ), indicating that the value of the  $p_i$ -th property should lie between  $l_i$  and  $r_i$  (both inclusive).

## Output

For each test case, output one line containing one integer, indicating the smallest amount of time needed to satisfy all suggestions. If it is impossible to do so, output -1 instead.

## Example

standard input	standard output
3	6
4 3	-1
20 25 4 27	0
3 5 7	
1 10 15	
3 2 6	
1 2	
7	
1 3 5	
1 9 9	
1 2	
7	
1 3 9	
1 4 15	

## Note

For the first sample test case, BaoBao can change the 1-st property to 15 and the 3-rd property to 5. The answer is  $(20 - 15) + (5 - 4) = 6$ .

For the third sample test case, as  $3 \leq 7 \leq 9$  and  $4 \leq 7 \leq 15$ , all suggestions are already satisfied and

BaoBao does not need to change any property.